

SAILING INSTRUCTIONS

FOR THE

JACK & JILL RACE

MAY 17, 2008

Hosted By

CHULA VISTA YACHT CLUB

1. Rules.

This regatta will be governed by the following rules:

Each listed reference shall take precedence over those appearing above it in the following list:

- 1.1 USCG Navigation Rules, International-Inland.
- 1.2 Racing rules of the ISAF as adopted by the USSA, 2005-2008
- 1.3 The Notice of Regatta and Entry Form.
- 1.4 These Sailing Instructions and any amendments thereto.
- 1.5 Racing yachts encountering non-racing craft shall conform to Rules of the Road. No vessel has right of way over a large ship in the channel. Interference with deep draft vessels will be grounds for disqualification without a hearing (COLREGS, Rule 9).

2. Entries

- 2.1 Entry is limited to members of yacht clubs and associations recognized by SCYA, SDAYC, USSA and/or their own national authority.
- 2.2 Competitors are required to check in with the Race Committee at the CVYC bar prior to 1100. Each yacht's starting time will be issued at that time.
- 2.3 The crew is limited to and must consist of one male and one female. **Males in drag do not count!**

3. Class Assignments

- 3.1 Class A – Spinnaker and Non-spinnaker
Class B – Chula Vista Handicap Fleet
- 3.2 Class A spinnaker and non-spinnaker will be run as a single class with the use of spinnaker offsets for those racing non-spinnaker boats unless there are no spinnaker boats entered.
- 3.3 Handicaps in Class A shall be PHRF San Diego (RLC). Entries not holding a PHRF handicap will utilize the standard manufacturer's handicap as determined by PHRF San Diego.
- 3.4 Handicaps for CVHF will be based on standard manufacture's handicap as determined by PHRF San Diego and will sail under the CVYC Handicap Fleet Rules.

4. Changes to the Sailing Instructions.

Amendments to the Sailing Instructions will be available at the Club Bar prior to the Warning Signal.

5. Signals Made Ashore.

5.1 All signals will be made from the CVYC bar balcony. There will be no sound signals.

6. Schedule of Races and Starts.

6.1

1150	Yellow Flag or Shape	Warning	1st Boat
1155	Blue Flag or Shape	Preparatory	"
1200	Red Flag or Shape	Start	"

6.2 Subsequent starts will be signaled by the hoisting of a red shape. After each start the red shape will remain on hoist until one (1) minute prior to the next boat's start.

6.3 Yachts not within two minutes of their starting time shall remain clear and downwind (or out of the way) of yachts that are starting or who have started.

6.4 The above modifies Rule 26.

7. Racing Area.

The race shall generally be confined to South Bay and Start and Finish inside Chula Vista Harbor.

8. Courses and Marks.

8.1 See attached sheet for courses.

9. The Starts and Finishes.

9.1 The Start/ Finish line shall be a line connecting an orange flag on the CVYC bar balcony and the light standard just north of the dock at the public boat launch.

9.2 Each yacht's start shall be signaled by the hoisting of a red flag. This flag shall be lowered one (1) minute prior to the start of the next yacht. This modifies Rule 26.

9.3 Each yacht's finish shall be signaled briefly by the hoisting of a red flag.

10. Recalls.

10.1 Individual recalls will be signaled with the hoisting of the "X" flag which shall remain on hoist until the recalled yacht has started correctly or until one (1) minute before the start of the next yacht, whichever occurs first. Irrespective of signals displayed, it is the responsibility of each yacht to start correctly.

11. Time Limit

11.1 If no yacht has finished by 1700 hours, the race will be abandoned. Yachts not finished by 1730 will be recorded as DNF by the R/C.

12. Safety

12.1 A yacht that retires from a race must notify the R/C before leaving the area or immediately on arriving ashore by calling CVYC at 422-7888. The R/C may attempt to monitor VHF channel 68.

12.2 To enhance safety, any competitor may, if he/she feels situation warrants, leave his/her engine running **of but out gear** during the five-minute period leading to his/her start. If required to engage the engine before the start to avoid collision or a situation of *extremis* (under COLREGS), the competitor will simply declare having done so and take a two (2) minute penalty.

12.3 CVHF competitors may start with their engines engaged and remain so until abeam marker CV7. If they choose to do so, all working sails must be set and they are limited

to two (2) knots SOG until their machinery is secured. They may secure their engine before CV7 and, if they do, the two-knot limit no longer applies.

13. Alternative Penalties.

- 13.1 The 720 degree turns penalty, Rule 44.1 of the Racing Rules will apply except in the case of touching a mark, Rule 31.1, where the 360 degree turn, Rule 31.2, will apply.
- 13.2 Yachts incurring penalties on downwind legs when having a pole set to their headsail or spinnaker may execute their penalty turn(s) on the next upwind leg or the earliest opportunity when the pole is no longer set, modifying Rules 44.2 and 31.2.

14. Protests.

- 14.1 A competitor, intending to protest another yacht, shall immediately hail the other yacht and fly a protest flag [Rule 61.1(a)] and inform the R/C, after finishing, of the yacht to be protested.
- 14.2 All protests shall be filed, in writing, with the R/C at CVYC, within 45 minutes of the finish of the protesting yacht. Protest and hearing times will be posted at the club bulletin board in the bar. It is the responsibility of all competitors to check for posted protests. It is the intention of the Protest Committee to hear protests immediately.
- 14.3 When contact between racing yachts occur (Rule 14) and the skippers agree that the contact was minor and unavoidable and report this to the R/C, then the Protest Committee may disallow any otherwise valid Rule 60.1 protest without a hearing.

15. Scoring.

- 15.1 All handicap allowances will be applied prior to the race start. Yachts shall be scored in their order of finish.

16. Results

- 16.1 Race results will be posted in the CVYC club house ASAP after the race.

8.1 PURSUIT COURSES

**#1 PASS CV12 TO PORT
PASS CV7 TO STARBOARD
PASS SD40 TO PORT
PASS D TO STARBOARD
ROUND SD30 TO PORT
ROUND MI TO PORT
ROUND SD34 TO PORT
PASS NAVY TO PORT
PASS D TO PORT
PASS CV2 TO STARBOARD
PASS CV7 TO PORT
PASS CV12 TO STARBOARD
FINISH
Distance 11.0 NM**

**#2 PASS CV12 TO PORT
PASS CV7 TO STARBOARD
PASS SD40 TO PORT
PASS D TO STARBOARD
ROUND SD32 TO PORT
ROUND MI TO PORT
ROUND NAVY TO PORT
PASS SD38 TO STARBOARD
PASS SD40 TO PORT
PASS CV7 TO PORT
PASS CV12 TO STARBOARD
FINISH
Distance 13.6 NM**

**#3 PASS CV12 TO PORT
PASS CV7 TO STARBOARD**

**#4 PASS CV12 TO PORT
PASS CV7 TO STARBOARD**

**PASS SD40 TO PORT
PASS D TO STARBOARD
ROUND NAVY TO STARBOARD
SD32 TO PORT
ROUND NAVY TO PORT
ROUND SD32 TO STARBOARD
PASS SD40 TO PORT
PASS CV7 TO PORT
PASS CV12 TO STARBOARD
FINISH
Distance 9.6 NM**

**PASS SD40 TO PORT
PASS D TO STARBOARD
ROUND SD34 TO PORT
MI TO STARBOARD
ROUND SD26 TO STARBOARD
ROUND SD32 TO STARBOARD
PASS SD40 TO PORT
PASS CV7 TO PORT
PASS CV12 TO STARBOARD
FINISH
Distance 11.2**

**#5 PASS CV12 TO PORT
PASS CV7 TO STARBOARD
PASS SD40 TO PORT
PASS COR1 TO PORT
ROUND COR13 TO PORT
PASS COR1 TO STARBOARD
PASS SD28 TO STARBOARD
PASS CC2 TO STARBOARD
ROUND CCYC TO STARBOARD
PASS CC2 TO PORT
ROUND SD34 TO STARBOARD
PASS CV2 TO STARBOARD
FINISH
Distance 13.1 NM**

**#6 PASS CV12 TO PORT
PASS CV7 TO STARBOARD
PASS COR1 TO PORT
ROUND COR3 TO PORT
ROUND COR BRG 15 TO PORT
ROUND SD23 TO PORT
PASS SD40 TO PORT
PASS CV7 TO PORT
PASS CV12 TO STARBOARD
FINISH
Distance 11.3**

NOTES:

1. Marks designated SD are San Diego harbor channel markers, either fixed or buoys. Marks designated COR are Coronado Channel markers leading to Coronado/Glorietta Bay. Marks designated CV are markers in the Chula Vista Channel. Mark "D" is an area limiting mark at the Southwestern edge of Anchorage A-8 in the San Diego South Bay. "COR BRG 15" is support #15 of the Coronado Bridge. Mark "NAVY" is a yellow cylindrical race mark located East of Fiddler's Cove marina in the area of 32 deg 39.25 min North, 117 deg 08.49 min West. Mark "MI" is a yellow cylindrical race mark located to the East Northeast of the fill area known as "Mud Island" in the area of 32 deg 40.116 min North, 117 deg 08.858 West.
2. Between the Chula Vista Harbor and CV2 all channel markers, buoys and channel edges will be considered marks of the course and obstructions under RRS Rule 18. The same applies to the Coronado Channel and Coronado Cays Channel markers, bridge supports, buoys and channel edges.

ENTRY FORM

Jack and Jill Race

May 17, 2008

HOSTED BY

CHULA VISTA YACHT CLUB

ENTRY FEE -- \$10.00

Skipper _____ Mfr/Model _____
Address _____ Sail Number _____
City/State _____ Yacht Club _____
Telephone _____ Yacht Name _____
PHRF (RLC)/CVHF Rating _____ Class _____
Spinnaker? Yes No (circle one)
Owner's Name if other than Skipper _____

In consideration of your acceptance of my entry in the 2008 Jack and Jill Sailboat Race, I hereby agree to the following conditions and certify that the statements made herein are true as follows:

1. I agree with CVYC and any contestants to comply with the Rules of Racing and the Sailing Instructions for this race.
2. I hereby certify that I have conducted a safety inspection of my yacht and that my boat's equipment and safety gear are in compliance with requirements of the USCG and the California Boating Law.
3. I hereby release the Chula Vista Yacht Club, its officers, agents and committee persons from any and all liability for injury to myself, my crewmembers or my yacht arising out of their conduct of this race.
4. I assume any risk of injury arising from my participation in this race, failure or breakage of my vessel or any of its equipment or hazards of weather.
5. I am aware that each skipper assumes sole responsibility for the decision to race.

SKIPPER'S SIGNATURE _____ DATE _____

OWNER'S SIGNATURE (If not skipper) _____

Complete this entry form and return to the Race Committee with your \$10.00 entry fee prior to the race and/or at the Skipper's Meeting.